

# JANUARY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
					Harlem Globetrotters Day	
9	10	11	12	13	14	15
16	17	18	19	20	21	22
	Martin Luther King, Jr. Day					
23	24	25	26	27	28	29
30	31					

MONTHLY GOALS:



“Some people want it to happen, some wish it would happen, and others make it happen.”  
**MICHAEL JORDAN**

# FEBRUARY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 National Signing Day National Girls & Women in Sports Day	3	4	5
6	7	8	9	10	11 FIBA International Cup	12 FIBA International Cup
13 FIBA International Cup	14 Valentine's Day	15	16	17	18 NBA All-Star Weekend	19 NBA All-Star Weekend
20 NBA All-Star Game	21 President's Day	22	23	24	25	26
27	28 #DrDishFam NBA All-Star Luka Doncic's Birthday					

MONTHLY GOALS:

"You can't always be the most talented or gifted person in the room, but you can be the most competitive."

**PAT SUMMIT**

# MARCH 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Mardi Gras National Sportsmanship Day	2	3 #DrDishFam NBA Player Cameron Johnson's Birthday	4	5
6	7	8	9	10	11	12
13 Daylight Saving Selection Sunday	14	15 Men's First Four	16 Men's First Four Women's First Four	17 St. Patrick's Day Men's First Round Women's First Four	18 Men's First Round Women's First Round	19 Men's Second Round Women's First Round
20 Men's Second Round Women's Second Round	21 Women's Second Round	22	23	24 Men's Sweet 16	25 Men's Sweet 16 Women's Sweet 16	26 Men's Elite 8 Women's Sweet 16
27 Men's Elite 8 Women's Elite 8	28 Women's Elite 8	29	30			

MONTHLY GOALS:

" Good, better, best.  
Never let it rest.  
Until your good is better  
and your better is best. "

TIM DUNCAN

# APRIL 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 April Fools Day Women's Final Four	2 Men's Final Four
3 Women's National Championship	4 Men's National Championship	5	6 National Student Athlete Day	7	8	9
10 Regular NBA Season Concludes	11	12 Play-In NBA Tournament	13 Play-In NBA Tournament	14 Play-In NBA Tournament	15 Play-In NBA Tournament	16 NBA Playoffs begin
17 Easter	18	19	20	21	22	23
24	25 #DrDishFam NBA Hall of Famer Tim Duncan's Birthday	26	27 #DrDishFam NBA Hall of Famer George 'Iceman' Gervin's Birthday	28	29	30

MONTHLY GOALS:



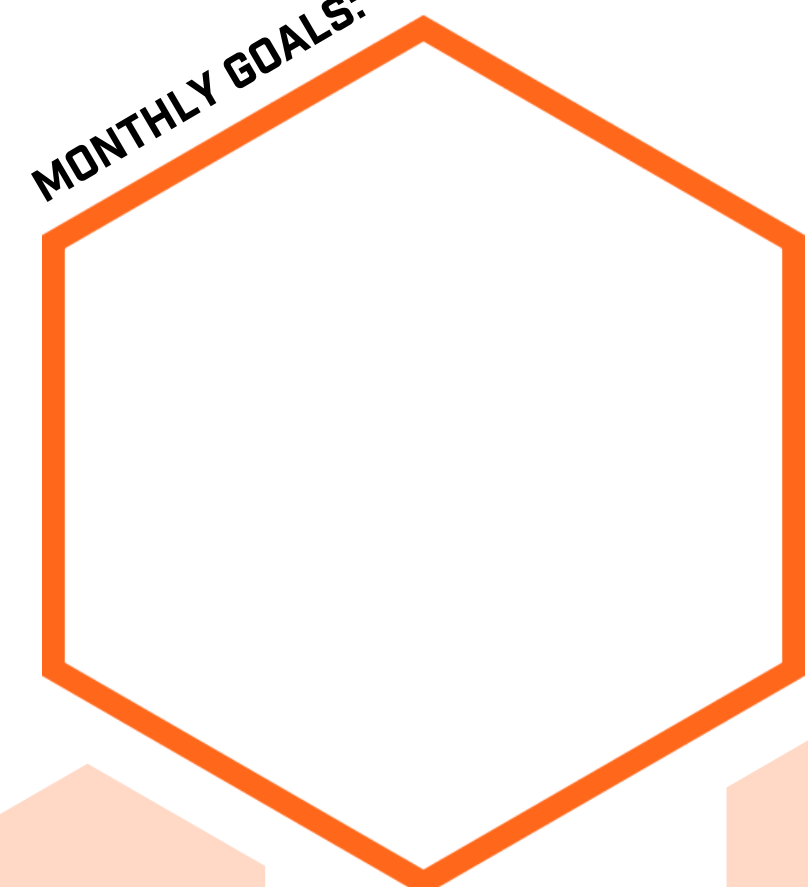
"All the days that you wake up you have one job and that's to get better, every single day."

**DERRICK ROSE**

# MAY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
				Cinco de Mayo	WNBA Regular Season begins	
8	9	10	11	12	13	14
Mother's Day	#DrDishFam 4x WNBA Champion Lindsay Whalen's Birthday					
15	16	17	18	19	20	21
		#DrDishFam Ersan Ilyasova's Birthday				
22	23	24	25	26	27	28
29	30	31				
	Memorial Day Dr. Dish Basketball's Birthday					

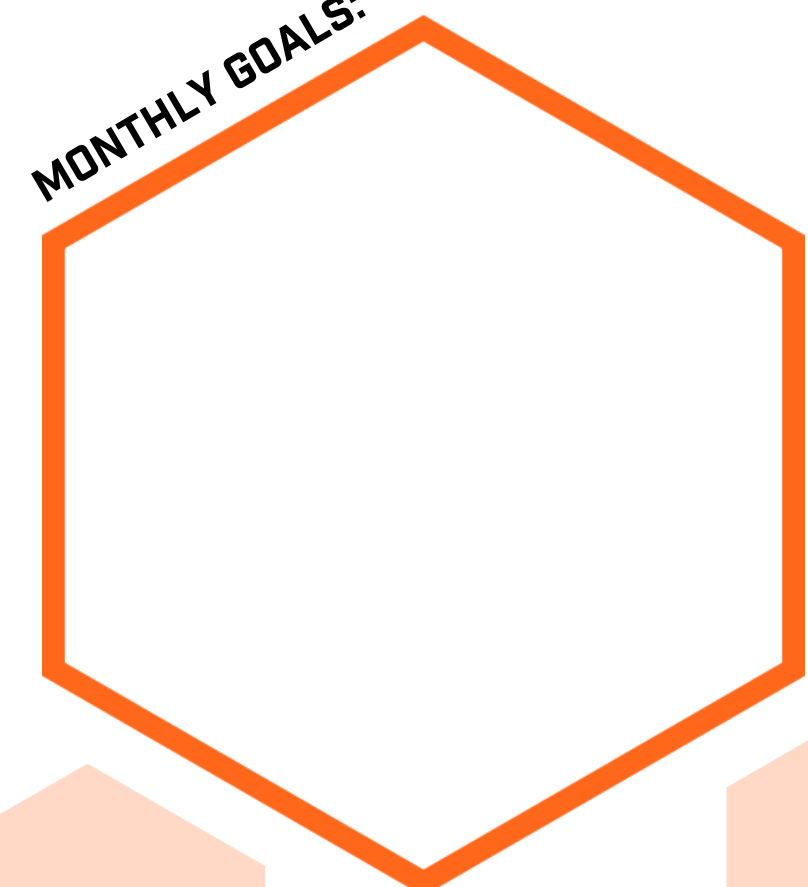
MONTHLY GOALS:



# JUNE 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2 <small>NBA Finals begin</small>	3	4
5	6	7	8	9	10	11
12 <small>#DrDishFam NBA Champion Jrue Holiday's Birthday</small>	13	14	15	16	17	18
19 <small>Juneteenth Father's Day Game 7 of NBA Finals (if needed)</small>	20 <small>#DrDishFam WNBA Champion Allie Quigley's Birthday</small>	21	22	23 <small>NBA Draft</small>	24	25
26	27	28	29	30		

MONTHLY GOALS:



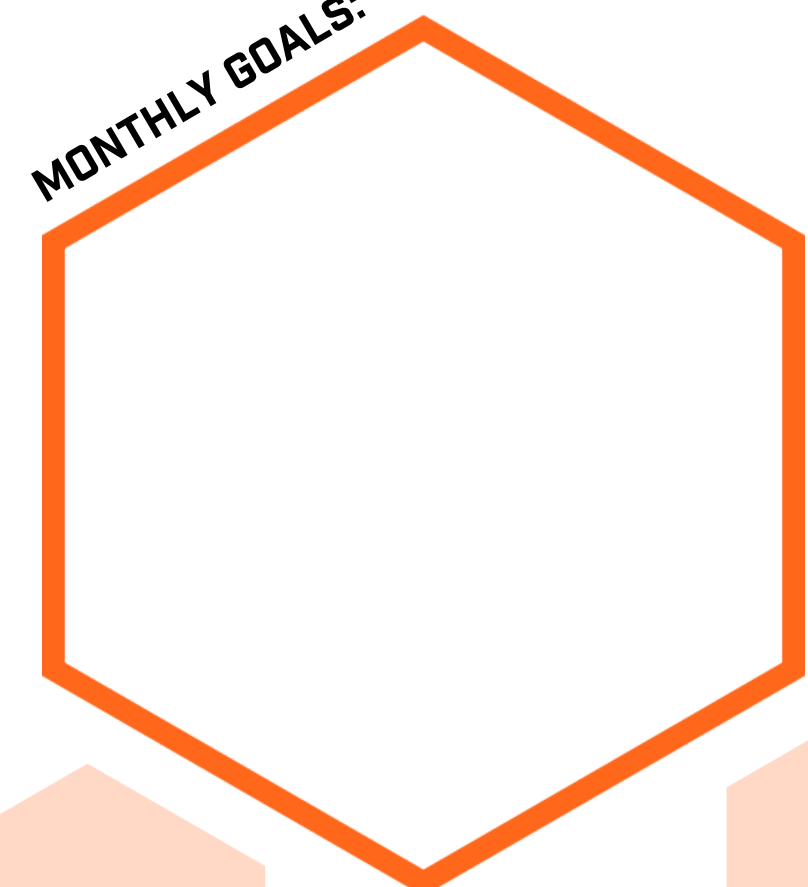
“ Don't make excuses. Make your free throws. ”

**ELENA DELLE DONNE**

# JULY 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 Independence Day	5	6	7	8	9 U17 Basketball World Cup Tip-Off WNBA All-Star Weekend
10 WNBA All-Star Game	11	12 Asia Cup Tip-Off	13	14	15	16
17 U17 Basketball World Cup Finals	18	19	20	21	22	23
24 Asia Cup Finals	25	26 WNBA Commissioner's Cup Championship Game	27	28	29	30
31						

MONTHLY GOALS:



"Talent is never enough. With few exceptions, the best players are the hardest workers."

**MAGIC JOHNSON**

# AUGUST 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2 <small>#DrDishFam 5x WNBA All-Star Skylar Diggins-Smith's Birthday</small>	3	4	5	6
7	8 <small>1936 First Olympic Games with Basketball Competition</small>	9	10	11	12	13
14 <small>WNBA regular season concludes</small>	15	16	17	18	19	20
21	22	23	24 <small>Kobe Bryant Day</small>	25	26	27
28	29	30	31			

MONTHLY GOALS:



“ It's the one thing you can control. You are responsible for how people remember you—or don't. So don't take it lightly. ”

**KOBE BRYANT**



# SEPTEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3
				FIBA Eurobasket Tip-Off	FIBA AmeriCup Tip-Off	
4	5	6	7	8	9	10
	Labor Day					
11	12	13	14	15	16	17
FIBA AmeriCup Finals Grandparents Day		FIBA Eurobasket Quarter Finals	FIBA Eurobasket Quarter Finals	#DrDishFam NBA Player Dennis Schroder's Birthday	FIBA Eurobasket Semi-Finals	FIBA Eurobasket Finals
18	19	20	21	22	23	24
				FIBA Women's Basketball World Cup Australia Tip-Off		
25	26	27	28	29	30	
				Women's Basketball World Cup Quarter-Finals	Women's Basketball World Cup Semi-Finals	

MONTHLY GOALS:

"Never give up. Failure and rejection are just the first steps to succeeding."

JIM VALVANO

# OCTOBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 Women's Basketball World Cup Finals
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16 National Sports Day	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31 Halloween					

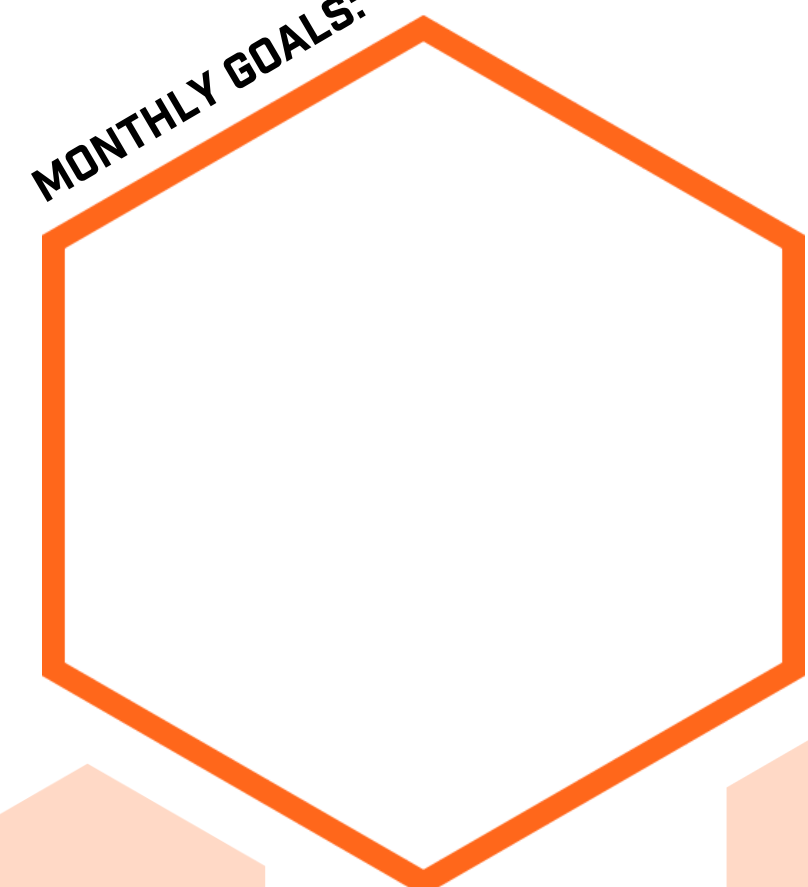
MONTHLY GOALS:

"You can't get much done in life if you only work on the days when you feel good."  
**JERRY WEST**

# NOVEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
6 <small>National Basketball Day</small>	7 <small>Election Day</small>	8	9	10	11 <small>Veteran's Day</small>	12
13	14	15	16	17	18	19
20	21	22	23	24	25 <small>Thanksgiving</small>	26 <small>Black Friday</small>
27	28 <small>Cyber Monday</small>	29	30			

MONTHLY GOALS:



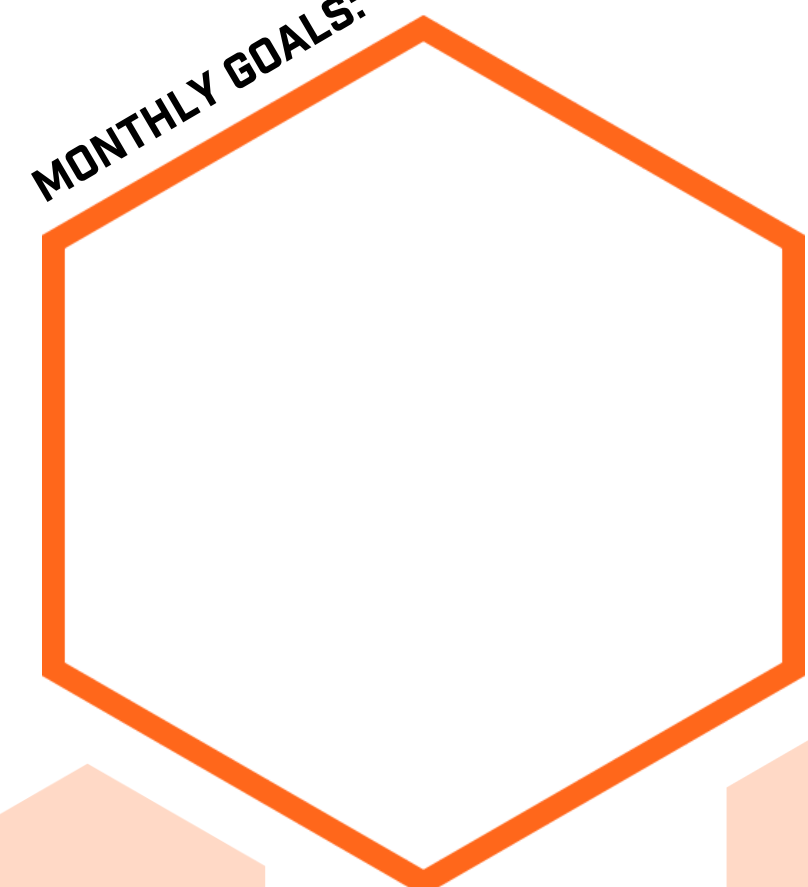
“ Successful programs consist of people working hard, working together, while never worrying about who gets the credit.”

**DON MEYER**

# DECEMBER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2 National Play Basketball Day	3
4	5	6	7 World Trick Shot Day	8	9	10
11	12	13	14	15	16	17
18 Hanukkah Begins	19	20	21 1891 - Dr. James Naismith invents basketball	22	23	24 Christmas Eve
25 Christmas Day	26 Kwanzaa Hanukkah Ends	27	28	29	30	31 New Year's Eve

MONTHLY GOALS:



“The strength of the team is each individual member. The strength of each member is the team.”

**PHIL JACKSON**