



PLAYER GOAL PLANNING

Use this to plan your academic and athletic goals for the upcoming season! Make sure your goals are SMART:
specific, measurable, attainable, realistic and time-bound

ACADEMIC GOAL(S):

examples: make honor roll, read 3 books outside of class, study one hour a day

BASKETBALL GOAL(S):

examples: shoot over 75% from the free throw line, average 12ppg, win state tournament as a team